



About Veins and Laser Vein Removal:

- Heredity is the number one contributing factor of vein clustering
- Veins are channels that bring blood from the extremity back to the heart
- A pulse of laser light feels like a small pinch or slight sting similar to the snap of a rubber band against skin
- For people with very sensitive skin, a prescription topical anesthetic can be provided
- Telangiectasia vascular lesions may be:
 - Congenital
 - Part of the aging process
 - Result of overexposure to the sun
 - Result of using oral contraceptives
 - Result of estrogen therapy

Spider veins may be:

- Caused by running
- Result of pregnancy
- Varicose veins may be:
 - Hormonal factors including puberty, pregnancy, menopause and use of birth control pills, estrogen or progesterone
 - Aging
 - Prolonged standing
 - Leg injury
 - Result of weight gain

Before Vein Removal Treatment

- Do not drink any caffeine drinks before your appointment. Caffeine increases your pain level and may cause nervousness
- Do not take aspirin for 24 hours before and after
- Do Not Tan for at least two weeks
- You may take Advil or Tylenol if you think you will be sensitive to the treatment
- Sign the procedure consent form
- The laser technician will cleanse the treatment site
- A topical anesthetic or ice may be applied 20-30 minutes before treatment
- Each treatment takes approximately 15 to 30 minutes

After Vein Removal Treatment

- Do not stretch your skin in an effort to see what has been done
- Redness and/or mild swelling at the treatment site may occur
- If there are small scabs they are important to your healing
- You may take Advil or Tylenol if your are uncomfortable
- Do no apply makeup as it will disturb the treatment sites
- Do not exercise
- No yoga, sauna, hot tub
- Wear sun block for two weeks whenever you are exposed to the sun

Would you like a complimentary consultation?

Call Kamala Aesthetics Medical and Laser Associates (571) 248-6810 to schedule a 30-minute complimentary consultation with one of our Personal Image Consultants. Thank you for considering Kamala Aesthetics Medical and Laser Associates. We provide the building blocks to soften physical and cosmetic aging. We are successful when you look and feel your best are happy and healthy with a renewed vitality.